



# MENU

Colégio de Santiago Internacional  
1st Week

## Monday

*Soup: Vegetables*  
*Vegetarian: Veggie Chilli*  
*Main: Chef's Chilli*

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## Tuesday

*Soup: Juliana*  
*Vegetarian: Vegetables Tagliatelle*  
*Main: Tuna Pasta*

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## Wednesday

*Soup: Carrot Cream*  
*Vegetarian: Chef's Seitan*  
*Main: Pork Steak with Onions*

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## Thursday

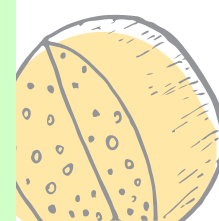
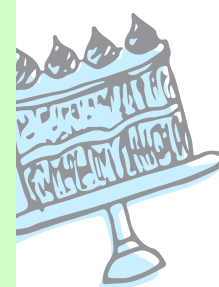
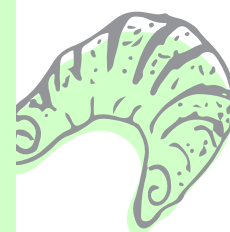
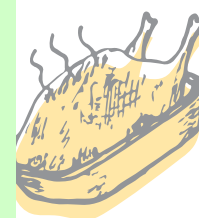
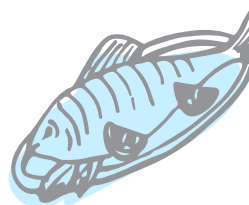
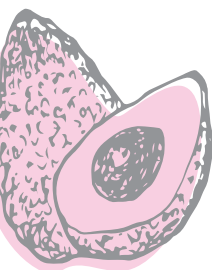
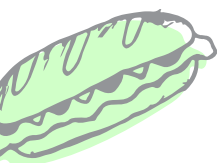
*Soup: Courgette and Basil*  
*Vegetarian: Veggie Burger*  
*Main: Battered fish with tomato rice*

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## Friday

*Soup: Pea*  
*Vegetarian: Scrambled Eggs*  
*Main: Meatballs with Spaghetti*

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# MENU

Colégio de Santiago Internacional  
2nd Week

## Monday

*Soup: Vegetables*  
*Vegetarian: Beans and Vegetables*  
*Main: Grilled Pork*

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## Tuesday

*Soup: Cress Cream*  
*Vegetarian: Leak Bras Style*  
*Main: Cod Fish Bras Style*

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## Wednesday

*Soup: Pumpkin Cream*  
*Vegetarian: Veggie Risotto*  
*Main: Chicken in the Oven*

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## Thursday

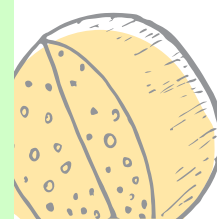
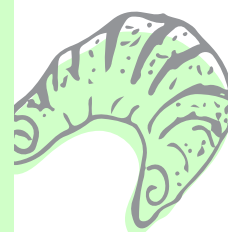
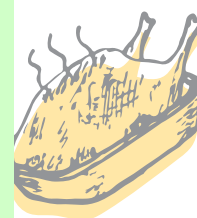
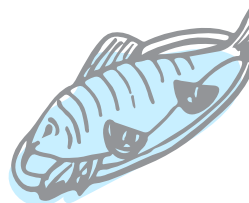
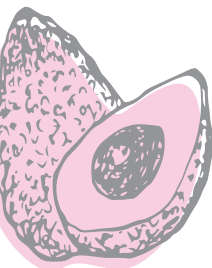
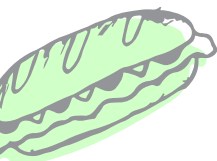
*Soup: Bean*  
*Vegetarian: Salted Vegetable Salad*  
*Main: Tuna Lasagna*

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## Friday

*Soup: Onion*  
*Vegetarian: Tofu Carbonara*  
*Main: Bacon and Ham Carbonara*

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# MENU

Colégio de Santiago Internacional  
3rd Week


## Monday

*Soup: Vegetables*  
*Vegetarian: Salted Vegetables*  
*Main: Meat Lasagna*



## Tuesday

*Soup: Juliana*  
*Vegetarian: Tomatoes and Eggs*  
*Main: Fishfingers and Pea Rice*




## Wednesday

*Soup: Carrot Cream*  
*Vegetarian: Vegan Bolognese*  
*Main: Spaghetti Bolognese*



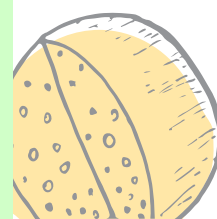
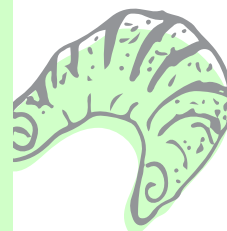
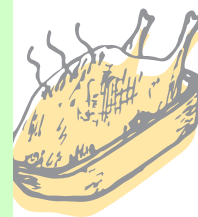
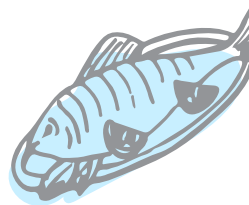
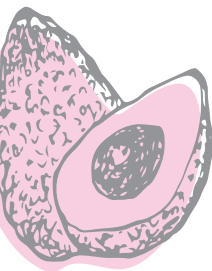
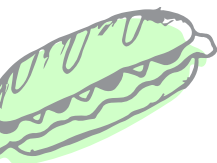

## Thursday

*Soup: Lettuce and Egg*  
*Vegetarian: Vegetables Gratin*  
*Main: Cod Fish with Cream*



## Friday

*Soup: Pumpkin and Sweet Potato*  
*Vegetarian: Tofu Wrap*  
*Main: Chef's Burger*





# MENU

Colégio de Santiago Internacional  
4th Week

## Monday

*Soup: Chickpeas and Carrot*  
*Vegetarian: Vegan Valencian Rice*  
*Main: Valencian Rice*

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## Tuesday

*Soup: Juliana*  
*Vegetarian: Vegetables Tagliatelle*  
*Main: Fish in the Oven*

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## Wednesday

*Soup: Carrot Cream*  
*Vegetarian: Chef's Seitan*  
*Main: Roasted Chicken*

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## Thursday

*Soup: Courgette and Basil*  
*Vegetarian: Veggie Burger*  
*Main: Salmon & Company*

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## Friday

*Soup: Pea*  
*Vegetarian: Vegan cheese Surprise*  
*Main: Meat Loaf and Mashed Potato*

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